

# GUIDANCE FOR PUPILS ON UNDERTAKING LATERAL FLOW TESTS (LFT) (10.03.21)

Undertake lateral flow test between **5- 7pm every SUNDAY** and **WEDNESDAY** by following instructions provided and **record results by 8pm**

- NOTE:**
- Use items in test kit only once
  - Do not eat or drink for 30 minutes before taking test
  - Use separate kit for each person
  - if you have covid-19 symptoms do NOT use LFT , book a PCR test instead
  - You should not undertake a LFT if you have received a positive Covid-19 test during past 90 days

**POSITIVE RESULT** (Bag test and keep for 72 hrs before disposing in black bin)



- Immediately report positive test to: [LFT@penweddig.ceredigion.sch.uk](mailto:LFT@penweddig.ceredigion.sch.uk)
- Report result using number on test strip on NHS website\*
- Arrange a PCR Test
- You, all your household members and contact group should immediately self-isolate until results of PCR Test is known

**NEGATIVE RESULT** (Bag test and immediately dispose in black bin)



- Report result using number on test strip on NHS website\*
- No need to inform school of negative result
- You can attend school as usual

**INCONCLUSIVE RESULT** (Bag test and keep for 72 hrs before disposing in black bin)



- You will need to take another test. Use a new test kit, and do not reuse anything from the first kit.

- If you get another inconclusive result, you will need to follow the same steps as you would should you have had a positive test but noting that you have had 2 inconclusive tests
- Report any inconclusive results using number on test strip on NHS website\*

## POSITIVE PCR Test

- Inform school of result
- You, your household members and contact group will need to continue to self-isolate for 10 days from initial positive LFT Test

## NEGATIVE PCR Test

- Inform school of result
- You and contact Group can all return to school provided you are well. Your household members no longer need to self-isolate.

## LINK

\* **NHS Website** : [Report a COVID-19 test result - GOV.UK \(www.gov.uk\)](https://www.gov.uk) or phone 119 (7 am -11pm)