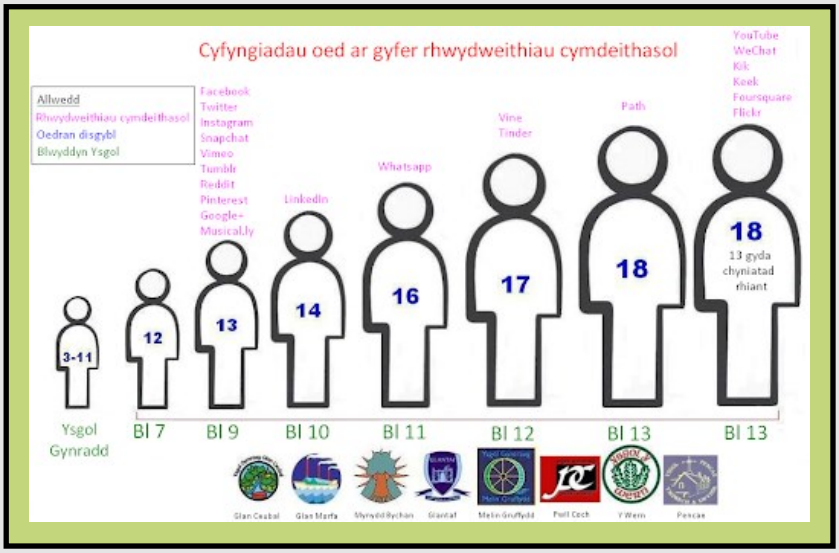
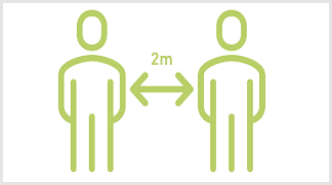
BWLETIN: GWYBODAETH (X)

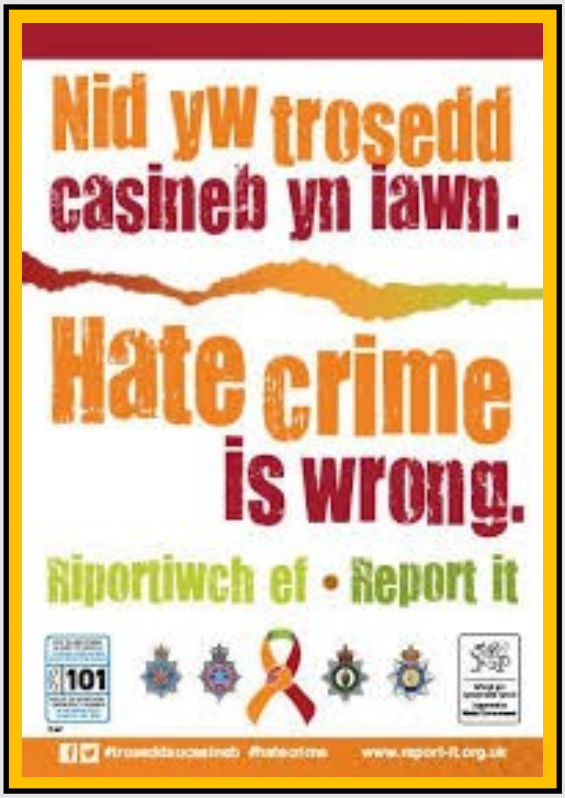
INFORMATION BULLETIN (X)

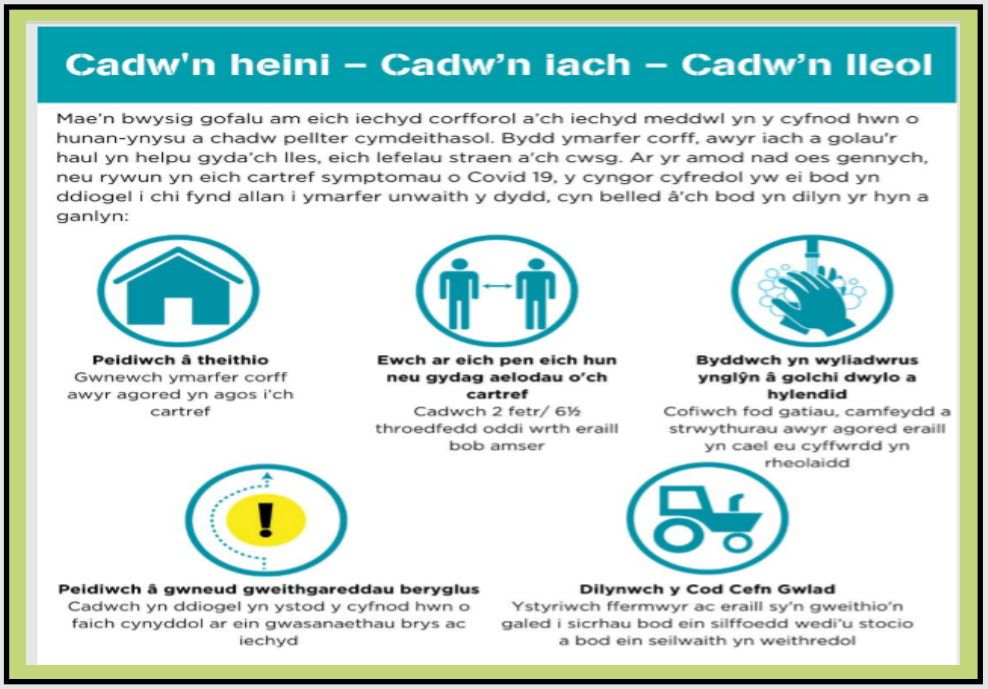
LLESIANT/*WELLBEING*

MEHEFIN/JUNE 2020









https://cy.hopeagain.org.uk/hope-again-about-us

Gobaith Eto yw gwefan Gofal Mewn Galar Cruse i bobl ifanc. Mae Cruse yn elusen genedlaethol sy'n darparu cefnogaeth, cyngor a gwybodaeth i blant, pobl ifanc ac oedolion pan fydd rhywun agos atynt yn marw. Rydym hefyd yn gweithio i wella gofal cymdeithas am bobl sydd wedi cael profedigaeth.

Darperir gwasanaethau Cruse gan wirfoddolwyr ymroddedig a medrus mewn cymunedau lleol sy'n cefnogi plant, pobl ifanc ac oedolion drwy alar.

Mae gan Cruse wefan genedlaethol hefyd www.Cruse.org.uk sy'n rhoi gwybodaeth i bobl ifanc ac oedolion am ein gwasanaethau a gwybodaeth am sut i helpu'r rhai sydd mewn galar.

Hope Again is Cruse Bereavement Care's website for young people. Cruse is a national charity that provides support, advice and information to children, young people and adults when someone close to them dies. We also work to enhance society's care of bereaved people.

Cruse services are provided by dedicated and skilled volunteers in local communities who support children, young people and adults through grief.

Cruse also has a national website www.cruse.org.uk that provides information for young people and adults about our services and information on how to help those dealing with grief.